

individualized service for quality results in Las Vegas

THE FUN LIST

Alternatives for Those Seeking To Do Something Together "Making Love Without Doin' It"

- 1. Going bicycle riding before a weekend breakfast.
- 2. Gardening.
- 3. Go on errands together waste an hour or two driving around, going into different stores to get things.
- 4. Taking dancing lessons.
- 5. Visiting with friends.
- 6. Playing games together or with friends (Scrabble, Monopoly, chess, bridge, etc.)
- 7. Camping.
- 8. Playing Frisbee.
- 9. Taking a shower or bath together (or shampooing her hair).
- 10. Going to a carnival.
- 11. Playing pool at an entertainment establishment.
- 12. Making donuts.
- 13. Going together or with loved ones to the zoo or a museum or gallery.
- 14. Treating yourselves to a big breakfast of pancakes, eggs, bacon, orange juice, toast.
- 15. Daydreaming aloud about a fantastic vacation you know you can't afford.
- 16. Skiing (wherever and however the weather permits).
- 17. Starting an aquarium.
- 18. Going to a play or concert.
- 19. Renting a boat or canoe for the afternoon.
- 20. Going to a ball game or other athletic event.
- 21. Discussing religion, philosophy or politics.
- 22. Writing letters to friends.
- 23. Playing music together.
- 24. Playing tennis together.
- 25. Going skating.



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- 26. Jogging.
- 27. Doing funny skits and recording them on video. Playing them back and laughing.
- 28. Playing charades.
- 29. Going window shopping together.
- 30. Going bowling.
- 31. Reading a two-person or three-person play out loud.
- 32. Playing golf (or miniature golf) together.
- 33. Doing relaxation exercises together.
- 34. Just sitting around with the lights low and talk while holding hands.
- 35. Reading the Sunday paper together.
- 36. Playing cards.
- 37. Stargazing when it gets warm, lying on your back and learning to recognize constellations and bright stars.
- 38. Watching (at home) a special movie or video you've picked out together.
- 39. Cooking an exciting meal together.
- 40. Buying new music together, playing it until you're tired.
- 41. Walking or riding bikes in the country.
- 42. Going to the best place in town for an ice cream shake or sundae.
- 43. Painting something together with old clothes on, getting messy.
- 44. Doing exercises (arobicize)
- 45. Making homemade pizzas and throwing lots of stuff on them.
- 46. Take a drive in the country, try to get lost on roads you've never been on before (don't worry, GPS will help you get back home).
- 47. Call up an old mutual friend who lives in a distant city or country.
- 48. Browsing in an old bookstore but don't buy anything.
- 49. Looking at old photographs.
- 50. Making or planning home improvements or apartment decorating schemes.
- 51. Cooking something we've never cooked before.
- 52. Going horseback riding.
- 53. Going swimming in the nude.
- 54. Washing the car on a hot day and getting wet.



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- 55. Going to a thrift store and buying what you might never have otherwise imagined.
- 56. Watching late movies on TV and cuddling during the commercials.
- 57. Getting up to see the sunrise.
- 58. Inviting someone new over for supper.
- 59. Inventing a language of your own; give each other pet names.
- 60. Reading stories aloud in bed at night.
- 61. Playing with the pets.
- 62. Taking a picnic lunch to a nearby state park and going hiking.
- 63. Spend a romantic candlelit evening at home alone (send the kids to a sitter).
- 64. Drive to the nearest state or national park to play in the snow (or the leaves).
- 65. Doing a jigsaw puzzle.
- 66. Sunbathing.
- 67. Reading poetry aloud.
- 68. Finger-painting together with the whole family.
- 69. Going to an auction.
- 70. Going dancing.
- 71. Going to a motel for the night.
- 72. Going out late one night and buying half a dozen different donuts, then sitting at home in the dark and trying to figure out by taste which one you're eating.
- 73. Make a collage.
- 74. Turning down the sound on the TV and making up funny scripts.
- 75. Going to church together.
- 76. Planning a patio barbecue.
- 77. Backpacking.
- 78. Going to a movie together.
- 79. Meeting for lunch or coffee during the day.
- 80. Baking bread together; let the man knead the bread.
- 81. Flying a kite.
- 82. Fishing.
- 83. Go and buy a new house (or garden or patio) plant together.
- 84. Give or get a hug.



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- 85. Kiss.
- 86. Plan and do something to make the other person feel important or respected.
- 87. Make a special recording of "your songs".
- 88. Talk openly about your feelings.
- 89. Sit together in a park, arm in arm, watching children play.
- 90. Snuggle up together, touching each other in a loving way.
- 91. Plan go on a drive to explore the city in places you've never been.
- 92. Throw a party together.
- 93. Bake cookies.
- 94. Go to the library on a "treasure hunt" and tell one another what you've found.
- 95. Find out what's special this week for the other person, then do it.
- 96. Share private thoughts without words, using eye contact and touch to "talk".
- 97. Write each other romantic letters. Then send them in snail mail.
- 98. Talk on the telephone.
- 99. Shop together for candy and take turns feeding one another.
- 100. Walk together holding hands in the moonlight.
- 101. Hide a love note where the other will find it.
- 102. Write a poem.
- 103. Watch the sunset while offering a toast to beauty.
- 104. Pretend to be tourists and go sightseeing together.
- 105. Make up a story while taking turns whispering it in one another's ear.
- 106. Make a list of things you like about each other.
- 107. Read a book or an article and discuss it.
- 108. Meet each other's friends.
- 109. Make one another handmade gifts.
- 110. Dedicate a song on the radio.
- 111. Mail yourselves funny cards and open them when they arrive.
- 112. Discuss your lifetime goals.
- 113. Play "footsie."
- 114. Share private jokes.
- 115. Find out what makes the other sad (listen to hurts from "outside" yourselves).



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- 116. Have your picture taken together.
- 117. Describe your dreams to one another.
- 118. Flirt with each other (taking turns while giving compliments).
- 119. Eat out at a totally new restaurant and both order something you've never tried.
- 120. Go grocery shopping, planning special meals together.
- 121. Relax in a whirlpool.
- 122. Do a work project together.
- 123. Tell the other person that you love them. Give specific examples of why you do.
- 124. Do things for each other without being asked.
- 125. Give one another a shoulder rub or massage—with no strings attached.
- 126. Pray together.
- 127. Celebrate a holiday out-of-season (e.g. Christmas in July, Valentine's Day in September)
- 128. Serve the other breakfast in bed, and then join them for coffee and the newspaper.
- 129. Prepare a bubble bath. Before taking it, serve cheese, crackers and a beverage.
- 130. Recall your dating days, how you had laughed and played together.
- 131. Spend time together planning (and later, looking through) your wedding and picture albums or videos.
- 132. Investigate a potentially new hobby together, such as line dancing or collecting.
- 133. Blow up balloons and play volleyball with them.
- 134. Tour display homes at new housing developments.
- 135. Draw love pictures on butcher paper or poster board, displaying these at home.
- 136. Make a list of things you're grateful for. Brainstorm this together.
- 137. Pick clover or dandelions and make necklaces for one another.
- 138. Have a water pistol or water balloon fight.
- 139. Give the other a day off to do whatever they want to do (even if alone).
- 140. Give up the Internet or watching TV tonight. Just talk and listen; share feelings more than facts.
- 141. Go on a roller coaster or thrill ride together.



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- 142. Go to a local park and pick up trash together (then treat yourselves to something.)
- 143. Do something you've never done together before stretch your imagination.
- 144. Sit in your backyard. Listen to the sounds and count the sights of life.
- 145. Take a night-school hobby class together.
- 146. Visit one another's work place. Introduce your partner to your co-workers.
- 147. Bake a cake and take it to your local fire station.
- 148. Go to a party store; plan a crazy "birthday party" for the two of you, regardless.
- 149. Fill an empty prescription bottle with love notes: to be taken daily.
- 150. Start a scrap book with one page for each day of this next year.

Look through this list together, each picking out the items you might like to try. Briefly tell one another *why* the items you've picked out might be fun for you – listening to your partner and accepting their opinion without analyzing or evaluating it. Accept his or her thoughts, narrowing down your list to those items you *both* think might be fun.

Either take turns planning and preparing for the activity - or - write on separate pieces of paper thirty or forty or fifty you'd be willing to try, then place these in a jar to be drawn at random.

Remember: Love can be spelled T-I-M-E. Take time to do fun things together. Always talk about the good experiences. Let go of the bad ones and look forward to trying something better. Keep on trying. You *will* have fun.